



RESOURCE LIST:

INFERTILITY

Item availability, suggested donations, and contact information are subject to change. In such cases, our staff members would be pleased to help you find appropriate alternatives and updated addresses as they are able. Inclusion on this list does not necessarily constitute endorsement of material content or organizational viewpoint by Focus on the Family. All videos are VHS format, Close Captioned (CC) where indicated. Items in sets are available separately where an item code and price are listed.

BOOKS

EMPTY WOMB, ACHING HEART by Marlo Schalesky (Bethany)

- BD459 • \$12

This book shares the stories of 24 men and women, including the author, who have suffered from the pain of infertility. Appendices of survival tips and resources for finding help are included.

WHEN GOD DOESN'T MAKE SENSE by Dr. James Dobson (Tyndale)

- D00033B • \$15

When struggling to understand the profound difficulties in our lives, people often feel abandoned by God. This book addresses those who are confused and disillusioned by life's difficulties with personal experiences and Scriptural wisdom.

CDs, TAPES

"Breaking New Ground" (Panel, Dr. James Dobson)

- B00556D • \$9

This broadcast includes a panel of guests who discuss infertility and the ethical considerations regarding a procedure called embryo adoption. One of the guests, Dr. Joe McIlhaney, explains in vitro fertilization and also discusses the practice of adopting embryos.

"Infertility and Miscarriage" I,II (Panel, Dr. James Dobson)

- CS286 • \$9
- B01475D • \$9

This broadcast features Dr. Joe McIlhaney, an infertility specialist, discussing causes and effects of infertility. A panel of three women share their experiences with infertility and miscarriage.

"Planning Your Family Naturally" (Mercedes Wilson, Dr. James Dobson)

- CS672 • \$9

This discussion centers on the Billings' or ovulation method of natural family planning. Explanations and instructions for using this method are offered, and distinctions between the Billings' method and the old rhythm or temperature method are made.

BOOKLETS

"A Guide to Adoption"

- F00902M • \$3 • 17" x 24" color fold-out

This handy brochure created by the Focus on the Family Orphan Care Initiative is designed to help those who are interested in foster care adoption navigate the process with step-by-step goals. Scripture verses are included to encourage you along the way.

ARTICLES

"Adoption: The Possible Dream" by Melanie Henry ("Focus on the Family," February 1991)

- RD002 • \$Complimentary

An infertile couple decided upon adoption but were told by agencies that they were too old. A private adoption ended with a stillborn child, but after an eleven-year wait, they adopted a baby girl. Three types of adoption are described.

"Another Hannah" by Karen Orfitelli ("Focus on the Family," May 1999)

Eric and Stephanie Cordis tried for over two years to have a child, but medical tests showed that bearing children would not be possible. This article talks about their struggles and their decision to try adoption.

"Babyless" by Andrea Stephens ("Focus on the Family," November 1994)

After eight years of "profound frustration and haunting pain" because of infertility, the author responded to the scriptural urging to seek God with her whole heart, and she found peace.

"A Family of Two" by Marlo Schalesky ("Focus on the Family," December 2001)

Marlo's struggle with infertility was especially painful during the Christmas season – a time for families. During a Christmas service, a simple gift became God's reminder that the childless and hurting are also remembered during the Christmas season.

"Forever Grateful" by Debby Tanner ("Heartlink," November 2000)

Debby shares the grief of infertility and knowing motherhood from the other side – "the empty womb." Yet, incredibly, she became the chosen recipient of a tiny newborn daughter. Her story tells of how adoption can bring life and joy instead of death and sorrow, and how she will always be profoundly grateful for this gift of love from God and from her daughter's birthmother.

"Married, No Children" by Becky Foster Still ("Focus on the Family," April 1989)

After discussing the emotions which accompany infertility, the author offers specific suggestions to those who wish to help their friends through this difficulty.

"Nothing I Do Helps" by Michael, age 36 ("Physician," January 2002)

Michael could fix anything except his wife's infertility. He tried to be strong, but whatever he said to encourage her always seemed to backfire. A short duck hunting trip with his friend, Pete, gives him a new perspective.

"A Second Chance at Life" by Frederica Mathewes-Green ("Citizen," August 2000)

Hilary and Marty Osborne share their story of how they turned to adoption after trying to conceive for eight years, and how their quest to become parents was fulfilled through a most unlikely source.

"Two Gifts from Heaven" by Becky Foster Still ("Focus on the Family," May 1990)

A mother who struggled with infertility tells the story of two miracles: the birth of her baby girl and a friend's gift of a child through adoption. Assurance is given that God's plan is always perfect, whether through adoption, natural birth, or childlessness.

INFORMATION SHEETS

"Adoption"

- RL012 • \$Complimentary

This is a compendium of resources, such as books, tapes, booklets, and information sheets as well as referrals on the topic of adoption.

"Frozen Embryos: The Adoption Solution"

- FX429 • \$Complimentary

This information sheet provides details on thousands of frozen embryos being kept with no plans for the future. It also tells of an anonymous couple who "adopted" an embryo and had it successfully implanted, carried it to term, and produced a healthy baby girl.

"Infertility"

- FX517 • \$Complimentary

This information sheet features two articles. "The Journey" discusses one woman's journey through infertility, including the anger, frustration, denial, guilt and depression, isolation, grief, and eventual recovery. "Lonely or Loved: Maintaining Friendships Through the Infertility Journey" describes ways to maintain a loving social circle while going through the pain of infertility.

"Miscarriage"

- RL053 • \$Complimentary

This is a compendium of resources, such as books, tapes, booklets, and information sheets as well as referrals on the topic of miscarriage.

"Natural Family Planning and the Ovulation Method"

- FX272 • \$Complimentary

The ovulation method, as taught by Mercedes Wilson in her book, *Love And Fertility*, is introduced. Materials available to assist couples in this option of family planning are listed.

MISCELLANEOUS

Focus on the Family Web site

- <http://www.family.org>

This web site offers online articles, resources, and referrals for various issues, including infertility.

Focus on the Family: TroubledWith.com

- <http://www.troubledwith.com/>

This Focus on the Family Web site offers articles and resources addressing a variety of family and personal issues, including infertility.

MISCARRIAGE AND INFERTILITY SET (Focus on the Family)

- K00064K • \$27

The grief of losing an unborn child or being unable to bear a child is pain that is hard to understand unless you've been there. If you are experiencing that pain or you know someone who is, here is a set of resources to help ease the pain and find healing. It includes:

EMPTY WOMB, ACHING HEART by Marlo Schalesky

- BD459 • \$12

This book accurately portrays the agony of infertility—written by those who've been there. The first-person stories will reach you whether you're struggling with grief, anger or confusion. Not all the stories will have happy endings, but you'll see how God consistently blesses lives, with or without children.

SILENT GRIEF by Clara Hinton (New Leaf)

- BD418 • \$11

Written primarily for those who have suffered miscarriage, this book also provides hope and encouragement for those who have given birth to a stillborn child, lost a child of any age (including an adult child), or whose child is missing.

"Miscarriage: Grieving the Loss" I, II (Panel: Dr. Walt L. and Barb Larimore, Russ and June Gordon, Dr. James Dobson)

- CD196 • \$9

In this two-day broadcast, Dr. Dobson is joined by two couples who have experienced multiple miscarriages. The Larimores and the Gordons discuss the emotions that arose from their miscarriages and suggest ways that parents can deal with their experiences.

"Permission to Grieve" by Focus on the Family

- LK004 • \$1.25

The purpose of this booklet is to help parents who have suffered a miscarriage on the journey of healing and hope. It explains common reactions to a miscarriage and shares what may hurt the parents of a miscarried child, including hints regarding what to say to and healing suggestions for the miscarriage sufferer.

REFERRALS

Stepping Stones

Dr. and Mrs. Van Regenmorter

901 Eastern Ave., NE

P.O. Box 294

Grand Rapids, MI 49501-0294

616/224-7610

616/224-7593 - Fax

step@bethany.org - Email

www.bethany.org/step/ - Web site

- Stepping Stones provides a free bi-monthly newsletter concerning infertility and miscarriage, information on support groups, an online bookstore, news on upcoming fertility conferences, and a question-and-answer service. Dr. and Mrs. Van Regenmorter are also available for speaking.

From the time we receive your request, please allow 7 to 10 days for delivery of resources (2 or 3 weeks for magazine memberships) in the continental United States. The Internal Revenue Code permits you to deduct the amount you give to Focus on the Family that goes beyond the value of materials we send you. To help you determine the tax-deductible portion of your gift, we'll show on your receipt the fair market value, along with the total gift amount. Please note that suggested donations do not necessarily reflect the fair market values.